

Santa Rosa County Public Schools  
Individual Emergency Health Care Plan  
School \_\_\_\_\_

grade\_\_ Teacher\_\_\_\_\_ Year\_\_\_\_\_

grade\_\_ Teacher\_\_\_\_\_ Year\_\_\_\_\_

grade\_\_ Teacher\_\_\_\_\_ Year\_\_\_\_\_

<b>Student Name:</b> _____		<b>DOB</b> _____
<b>Parent:</b> _____	<b>Phone#1</b> _____	<b>Phone#2</b> _____
<b>2<sup>nd</sup> Parent:</b> _____	<b>Phone#1</b> _____	<b>Phone#2</b> _____
<b>Emergency Contact:</b> _____		<b>Phone:</b> _____
<b>2<sup>nd</sup> Emergency Contact:</b> _____		<b>Phone:</b> _____
<b>Physician Name:</b> _____		<b>Phone:</b> _____
<b>Specialist Name:</b> _____		<b>Phone:</b> _____

1. Health condition/ Length of time condition has existed: **Peanut Allergy**  
Reaction to peanuts occurs if student has following type of contact: ☐ Ingestion ☐ Skin contact ☐ Inhalation ☐ Other: \_\_\_\_\_

2. Allergies:

☐ Food \_\_\_\_\_

☐ Medication \_\_\_\_\_

☐ Other \_\_\_\_\_

3. Medications at home	Medications at school	Medication Storage Location
<div></div> <div></div> <div></div> <div></div>	<div></div> <div></div> <div></div> <div></div>	<div><input type="checkbox"/> Classroom</div> <div><input type="checkbox"/> Clinic</div> <div><input type="checkbox"/> Student Backpack</div> <div><input type="checkbox"/> Other: _____</div>

<p><b>4. Potential Emergency Situation</b></p> <ul style="list-style-type: none"><li>• Swelling of the lips, tongue, or eyes</li><li>• Swelling or tightness in throat</li><li>• Difficulty talking/hoarse voice</li><li>• Difficulty breathing or noisy breathing</li><li>• Wheezing or persistent cough</li><li>• Vomiting, stomach cramps, diarrhea</li><li>• Rash</li><li>• Loss of Consciousness and/or collapse</li><li>• Blue Discoloration of lips or fingernails</li><li>• Student becomes pale or floppy</li><li>• Other: _____</li></ul> <div><div></div><div></div><div></div><div></div></div>	<p><b>Emergency Response</b></p> <ul style="list-style-type: none"><li>• Stay calm</li><li>• Stay with student and escort student to the clinic</li><li>• Give <b>Benadryl</b> immediately for mild to moderate symptoms – Administer as directed</li><li>• Give <b>Epinephrine autoinjector</b> immediately for severe symptoms such as difficulty breathing, _____ etc. Route: <u>IM</u> Amount: <u>1 pen</u></li><li>• Notify parents</li><li>• Other _____</li></ul> <p><b>Call 9-1-1 immediately if:</b> lips or fingernails turn blue or gray, breathing worsens, continuous spasmodic coughing, continued swelling of lips, throat, or tongue, loss of consciousness/collapse, start <b>CPR immediately if student stops breathing and has no pulse.</b></p>
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5. Special Needs/Limitations  
**Diet:** Avoid peanuts and peanut products in diet

Student needs to sit at nut free table in lunchroom yes ☐ no ☐

**Activity Level/Physical Restrictions:** \_\_\_\_\_

**Classroom Considerations :** Assist student to avoid ingestion or contact with peanuts or peanut products, Notify parent volunteers assisting with class of student allergy.

Take emergency medications( \_\_\_\_\_ ) on all off campus activities.

Send Copies To: Teacher Clinic Guidance PE Art Music Cafeteria Teacher Asst. Bus Driver  
School Nurse Media Center Specialist Athletic Director Other \_\_\_\_\_

Student Name\_\_\_\_\_

**\*By my signature on this form, I acknowledge receipt of the Notice of the Privacy Practices Act, and authorize designated Santa Rosa County School District personnel, Santa Rosa County Health Department School Health personnel, and any other contracted healthcare agencies to provide emergency care for my child and/or to exchange medical information as necessary to support the continuity of care of my child.**

**Parent**

**Signature**\_\_\_\_\_ **Date**\_\_\_\_\_

☐ **Obtained via telephone interview with parent** **School Year**\_\_\_\_\_

\_\_\_\_\_  
**Administrator Signature** **Date**

\_\_\_\_\_  
**Guidance Signature** **Date**

\_\_\_\_\_  
**Teacher Signature** **Date**

\_\_\_\_\_  
**School Health Technician** **Date**

\_\_\_\_\_  
**Teacher Signature** **Date**

\_\_\_\_\_  
**Nurse Signature** **Date**

**\*: Update to Individual Emergency Health Care Plan** **School Year**\_\_\_\_\_

Status determined by:

- ☐ person-to-person interview  
☐ telephone interview  
☐ update letter

\_\_\_\_\_ **No changes to current plan**

\_\_\_\_\_  
**Parent Signature** **Date**

\_\_\_\_\_  
**Administrator Signature** **Date**

\_\_\_\_\_  
**Guidance Signature** **Date**

\_\_\_\_\_  
**Teacher Signature** **Date**

\_\_\_\_\_  
**Nurse Signature** **Date**

**\*: Update to Individual Emergency Health Care Plan** **School Year**\_\_\_\_\_

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**Parent Signature** **Date**

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**Administrator Signature** **Date**

\_\_\_\_\_  
**Guidance Signature** **Date**

\_\_\_\_\_  
**Teacher Signature** **Date**

\_\_\_\_\_  
**Nurse Signature** **Date**

**\*Note: 1. significant changes to the plan of care require a new Emergency Health Care Plan be completed.  
2. At the beginning of the 4<sup>th</sup> update or revision a new plan will be written.**